



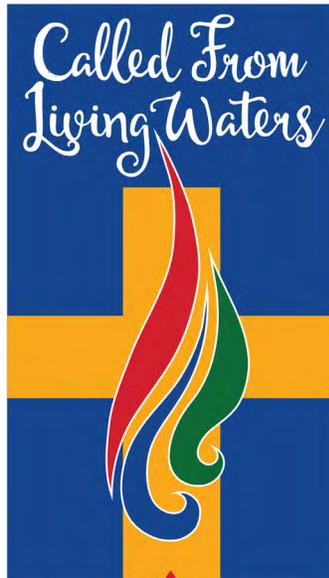
NEWSLETTER

The monthly joint publication of the NPM Arlington and NPM DC Chapters.

Fostering the art of musical liturgy.

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Let Us Pray
Board Member List



Looking forward to the
2020 NPM Convention
in Louisville, KY?

#NPMLouisville

See page 4 for chapter
dinner details!

Louisville  Kentucky

NPM 43rd Annual Convention • July 7-10, 2020



*St. Cecilia,
pray for us!*

With the challenges this Lent and Holy Week present, we wish you a prayerful Triduum and celebratory Easter! It may be different this year, but remember - Jesus lives!



Pope Francis delivers a Eucharistic blessing upon the City and the World in a special Urbi et Orbi on March 27 in response to the current coronavirus pandemic.

Director's Corner

We Catholics in the Washington and Arlington Dioceses continue the ban on public Masses because of the ravages of the COVID-19 virus in the United States. And who knows what additional trials we will face us after this month?

I felt especially out of sorts when I couldn't play the organ and sing together with those in my parish during the Third Sunday of Lent. But as a result, I was reminded how important this ministry is to me and what an integral part of my life it has become. In an effort to lighten the mood during these discombobulating times, here are some ideas for activities that we as pastoral musicians can do in order to stay sane and moving toward the day we can sing together again.



1. Practice!

Seriously. How often do we have extra time to do this? Learn that one piece of music that you have been putting off for months or get back to vocalizing every day or start learning the guitar. You know the one you bought with every good intention and there it sits in the corner of your house? Go, do it now!

2. Sit with your kids and practice. I'm sure many of you have kids at home that take music lessons. Because life is busy, there is rarely time to sit down together and check in with them about their practice habits. Your child's teacher will be so happy that they continued to make progress during this time when many lessons will need to be suspended.

3. Go through all those choral review packets that are sitting on your office shelves. This is a huge task ahead of me as evidenced by the photo included with this article. Who knows how many months or years' worth are awaiting me?
4. File your music. Ugh. So many files sitting on top of the filing cabinet.
5. Clean and organize your office.

6. Go through your choir bag and drop off or mail the music to your choir director that you should have turned in last Christmas.

7. Listen to music. Outside of those pieces of music we are learning for church or performances, we rarely set aside time to listen to music that will feed our

spirit, nurture our souls, or challenge our ear.

8. Read all the many and various church documents that the Church has given to those of us that minister in music and liturgy. When was the last time you read through these? Here are some links to get you started for the [documents of the Second Vatican Council](#) and [Sing to the Lord: Music in Divine Worship](#).
9. Call a fellow pastoral musician to catch up on life.
10. Pray. This is what will hold us together and keep us connected during these difficult days. The Liturgy of the Hours is a wonderful place to start and will also bring a rhythm to your day and is another beautiful way to engage

Continues on page 2

with those with whom we are living during these days of mandated isolation. The psalms in the Liturgy of the Hours can be spoken antiphonally or even sung together as a family. There are numerous digital applications and online sites to assist in praying the Liturgy of the Hours. In addition, there are also many resources for morning and evening prayer such as *Magnificat* ([which is free during this COVID-19 shut down](#)) and *Give Us This Day* published by Liturgical Press. Our prayer lives suffer when life is busy. We all struggle to develop a spiritual routine and integrate it into our daily existence and now is the time to change those old habits and begin anew.

Hang in there. This is only temporary.

“Do not look forward to what may happen tomorrow; the same everlasting Father who cares for you today will take care of you tomorrow and every day. Either He will shield you from suffering, or He will give you unfailing strength to bear it. Be at peace, then, put aside all anxious thoughts and imaginations, and say continually: The Lord is my strength and shield; my heart has trusted in Him and I am helped. He is not only with me, but in me and I in Him.”

— Francis de Sales

Amy Massey
NPM DC Chapter Director



Jesus, Son of God,
you were sent by the Father
to bear our weakness;
be with us in this time of crisis.

Merciful Savior,
heal and comfort the sick,
so that, with health restored,
they may give you praise.

Divine Physician,
accompany our caregivers
so that, serving with patience,
they may heal wisely.

Eternal Wisdom,
guide our leaders
so that, seeking remedies,
they may follow your light.

Christ, the Anointed,
protect us in body and spirit,
so that, freed from harm,
we may be delivered from all affliction.

Who live and reign with God the Father
in the unity of the Holy Spirit,
one God, for ever and ever.

Amen.

A prayer from the Office of Divine Worship, Diocese of Arlington. All rights reserved.

Did you know - Your local chapters are on Facebook? Find us and like us today!

[Arlington, VA Chapter](#)
[@NPMARlington](#)

[Washington, DC Chapter](#)
[@NPMDC](#)



2020 National Convention

#NPMLouisville



Louisville  Kentucky
 NPM 43rd Annual Convention • July 7-10, 2020

Convention Chapter Dinner

The Pastoral Musicians' Dinner at this year's #NPMLouisville Convention, will be held after the Convention Eucharist. See page 35 of the [Convention Brochure](#). All are welcome to participate. **This dinner requires pre-registration.** Please mark your [registration form](#) (on page 2) to attend the dinner. Cost is \$54 per person.

In addition, we will have a separate **Arlington/DC Chapter Dinner** on Wednesday evening. More details to come - but know that we can have meals together at least twice!



Thanks to All Who Paid Their Chapter Dues This Year!

*Your membership keeps our chapters alive and helps fund our many events each season! **Invite someone new to join our local chapters!** See our websites (NPMArlington.org or NPMDC.org) for the membership forms. If you have questions, please contact a member of either the DC or Arlington Boards (details on the back page of the newsletter and on the websites).*

During this time of year, many parishes prepare budgets for the upcoming fiscal year. Remember to budget in your membership dues (local and national) and renew your local chapter membership later this summer.

Your annual dues help keep our chapters alive, by providing funding for our educational and social workshops and gatherings throughout the year.

Plan to renew your membership today!



A Very Special Retreat

By Charlene Dorrian

Retreats, especially Lenten ones, usually focus on introspection, personal growth, and opportunities to deepen spiritual journeys. On February 22, Father Jacek Orzechowski gave us a fresh perspective, citing the 800-year-old message of Saint Francis of Assisi and the current encyclical writing of Pope Francis in *Laudato Si: On Care for our Common Home*. He asked us to consider a Lenten call, not just to conversion, but to beauty, and to the challenge of re-building God’s universe.

The word, beauty, was central to Fr. Jacek’s reflections (as it was to Dr. Peter Latona’s presentations at NPM’s DMMD Winter Colloquium). Things like dramatic climate changes or the loss of personal identity and community are windows through which ugliness rises and beauty is compromised. It is up to all of us who work in liturgy to further efforts to maintain and foster paths of beauty – for in beauty, all things fit together. This year’s 50th Anniversary of Earth Day offers a chance to focus on the challenges facing the world of nature.

Fr. Jacek gave us three questions for reflection:

- Where am I in my personal journey towards the fullness of beauty?
- What opportunities for growth do I see on the horizon?
- What does the cry of the poor and clamor of the earth have to do with my transformation?



Upcoming Events (maybe?)

With many national and local restrictions on public gatherings many, if not all, events have been canceled or postponed. If you shared an event with us and it has been rescheduled, please let us know (tlewicki@allsaintsva.org). When this coronavirus pandemic ends (and it will end!), we look forward to sharing your many concerts, retreats, and other musical offerings here.

Until then...

St. Cecilia, pray for us!

2019 - 2020 EVENTS at a GLANCE



POSTPONED!

Joint Arlington/DC Event with Peter Kolar

Stay tuned for a new date.

July 7-10, 2020
NPM 43rd Annual Convention
Louisville, KY

Be sure to visit the Washington, DC and Arlington, VA Chapters' websites for the latest information on Chapter happenings, registration forms, and events:

www.npmdc.org
www.npmarlington.org



ministry
Monday

MINISTRY MONDAY is the podcast for today's parish minister. Weekly episodes provide opportunities for anyone engaged in pastoral ministry to learn, engage, grow, and be renewed.

Content includes interviews with featured guests alongside a treasure-trove of articles, presentations, plenum addresses, workshops, and recordings from NPM publications, conventions, and events. Ministry Monday is a service of the National Association of Pastoral Musicians.

To subscribe, [click here](#)
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Hats Off!

The following choirs have provided music for the Sunday TV Mass recently. Mass is celebrated in the Crypt Church of the Basilica of the Shrine of the Immaculate Conception in Washington, DC, and broadcast on WDCW-TV (DCW50) each Sunday at 10:30 AM. Check your local cable or satellite provider's listings. Click the image of the Shrine's dome to view recordings of these Masses.

Our Lady of Vietnam Parish Youth Choir, Silver Spring, MD
Holy Comforter-St. Cyprian Parish Choir, Washington, DC



 God,
 who on this day, through your Only Begotten Son,
 have conquered death and unlocked for us
 the path to eternity, grant, we pray,
 that we who keep the solemnity of the Lord's Resurrection may,
 through the renewal brought by your Spirit,
 rise up in the light of life.
 Through our Lord Jesus Christ, your Son,
 who lives and reigns with you in the unity of the Holy Spirit,
 one God, for ever and ever.

- from Evening Prayer, Easter Sunday



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